



Team Activity

Team Activity

Series 1 The Fundamentals

Session 12 Reflecting and Transitioning Effectively

Listen Online
dst.media/focus12

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1. Make a copy of this worksheet for each team member to use.
 2. Complete the Team Activity.
 3. Fax or email one “Master Worksheet” containing your team’s collective efforts.
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Send Us Your Master Worksheet

Fax
615-807-3301

Email
Champions@DentalSuccessToday.net

Team Activity

Step 2 Building On Your Greatness

After you've thoroughly and unabashedly praised everyone in the practice, it's time to build on the great momentum you've already created.

Everyone in the practice answer this question personally:

How do I build on where I'm at and get to the next level?

Take a moment and allow everyone to share their response out loud with the team. Your individual responses will help inform your collective answer to the next question...

Together as a team, answer this question:

How does the team get to the next level?

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Step 3 Personal Accountability

In this exercise, start by personally rating your performance in your role on a scale from 1-10. Then, move on to creating personal accountability and goals for yourself.

Tip

A great way to center yourself during any moment throughout the workday is to pause and ask yourself, ***“Am I operating at a level 10 right now?”*** You can even ask your team members the same question during the day to help them be their best, too!

Personally answer the following questions.

1. How would I rate my overall performance in my role and responsibilities in the practice?

What could I do that would increase my rating?

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2. Who's in a similar role as me that I could have healthy competition with?

What challenge would I like to have with them as a way to increase energy within our roles and encourage fun, healthy competition?

3. Who would you like to be your buddy and “train as if it were real” with?

Tip

Tag team with your buddy during your Team Activities and during the course of your day when you're inspired to check in with each other and up your game.

4. In an effort to review my progress and renew my goals, what personal non-work goal, what individual work goal, and what team work goal would I like to set for myself?

Tip

Attach a timeframe and action steps to each one!

Personal non-work goal:
