



Leadership Emails

Leadership Emails

Today...Choose to Be Extraordinary!

February 16 - March 9, 2023

Kevin's Leadership Emails are powerful explorations into personal development, both inside and outside of the practice.

Enjoy reviewing all this transformational, thought-provoking content.

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Pursuing Passion and Purpose

Good day everyone!

Today, we move from IDENTIFYING your passion and purpose and into PURSUING your passion and purpose.

Savor the self-discovery!

Today...Choose to Be Extraordinary!



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Field Manual for Excellence Pursuing Passion and Purpose

Why do you pursue your passion?

What are the things you're thankful for in your journey?

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What brings you joy in the journey?

What are the reasons you continue to move on with the mission you have?

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Awareness (Part 1)

Good day everyone!

Today, we're starting with a quick quote to inspire our continued pursuit of Excellence:

"Outliers are those who have been given opportunities and who have had the strength and presence of mind to seize them."

- Malcom Gladwell

Let's heed that wisdom and focus...develop our presence of mind...dive into self-inquiry...discover our strength...seize some opportunities...and become outliers...TODAY!

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Field Manual for Excellence Awareness (Part 1)

“Outliers are those who have been given opportunities and who have had the strength and presence of mind to seize them.”

- Malcom Gladwell

What fuels you in your pursuit of Excellence?

Who fuels you in your pursuit of Excellence?

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Who and/or what could be a newfound asset to help you in your pursuit of Excellence?

What are you allowing to take away from you in your pursuit of Excellence?

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Awareness (Part 2)

Good day everyone!

Today, we build upon last week's message by asking some more thought-provoking questions designed to heighten your personal awareness.

Give yourself—and your Self—the attention you deserve and you'll be rewarded!

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Field Manual for Excellence Awareness (Part 2)

Who are you allowing to take away from you in your pursuit of Excellence?

Who and/or what do you need to remove as an obstacle in your pursuit of Excellence?

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What opportunities exist that you can take advantage of that you haven't already?

Are you asking more of others than you are of yourself?

Does your contribution to growth equal that of those who are somehow connected to the journey you're on?

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Preparation

Good day everyone!

Today, we dig into a new topic and discuss preparation's role in our framing and pursuit of Excellence:

"The proper function of man is to live, not exist. I shall not waste my days in trying to prolong them. I shall use my time."

- Jack London

Here's to **USING** your time to the fullest!

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Field Manual for Excellence Preparation

"The proper function of man is to live, not exist. I shall not waste my days in trying to prolong them. I shall use my time."

- Jack London

Do you have a fear of failing?

- If yes, what fuels your fear?
- If no, what fuels your confidence?

What are the doubts that currently exist in your mind?

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What are the questions you're constantly asking yourself?

What's your typical response when hearing criticism from others?

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Do you need praise to press on as you endure the journey towards Excellence?

- If yes, why do you feel the need for another's approval?
- If no, what offsets the praise of others?

What's your process to prepare yourself to deliver your best?

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