

Practice Focus

January 2026

*“Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven’t found it yet, keep looking. **Don’t settle.** As with all matters of the heart, you’ll know when you find it. And, like any great relationship, it just gets better and better as the years roll on.”*

Steve Jobs

1. Doctor

- What norms will you break?
- What preconceived ideas will you rewrite?

2. Team

- In what ways will you choose to not settle any longer?
- What are your new standards for the new year?

3. Patient

- What philosophy and process will you uphold for your patients?

4. Practice

- How will you defy gravity and define the rules of engagement?
- What’s the new game you’ll be playing this year?

5. Personal

- Where can I use more fun, fulfillment and happiness in my life?
- What do I visualize, and how will I realize, my own prosperity?

