

## **Weekly Team Leadership Exercises: Figure It Out!**

**Week #1** – Come up with an example of a problem/challenge you had recently where you had to figure out your own solution. Walk through the process of how you came up with the answer/solution, explain the reason why it worked and share any other wisdom you gained through this experience.

One critical step after going through the process is to pause and ask, “Does this make sense...do you understand why I did what I did/said what I said?”

If someone doesn't understand we didn't make positive progress. Please do not rush through this exercise. We want everyone to retain the knowledge.

Have the team prepare to discuss a situation they need help with now or an example of something that happened where they did not know what to do or what to say. Ask the team to be prepared to share how they would handle the situation.

**Week #2** – Have volunteers share a problem/challenge they have and work through the solution. Have the team member share what she could do first. Point out what is “right” then what is “wrong” and correct it constructively.

**Week #3** – Collect success stories from team members who are actively working on developing this skill. Share the stories in your meeting to encourage others to participate. Make it a big deal publicly for those who put in the effort to share and learn. Encourage your team members to do the same thing now...if someone comes to them with a question/challenge have them work through it with the person who approached them...how would you solve the problem...work through

